

# THIRTEENTH SUNDAY AFTER PENTECOST

## COLLECT

Almighty God, who hast given thy only Son to be unto us both a sacrifice for sin and also an example of godly life: Give us grace that we may always most thankfully receive that his inestimable benefit, and also daily endeavor ourselves to follow the blessed steps of his most holy life; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. *Amen.*

### FIRST READING: Proverbs 9:1-6

Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant girls, she calls from the highest places in the town,

"You that are simple, turn in here!" To those without sense she says, "Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight."

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### Psalm 34:9-14

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| 9  | Fear the LORD, you that are his saints, * for those who fear him lack nothing.                   | 12 | Who among you loves life * and desires long life to enjoy prosperity? |
| 10 | The young lions lack and suffer hunger, * but those who seek the LORD lack nothing that is good. | 13 | Keep your tongue from evil-speaking * and your lips from lying words. |
| 11 | Come, children, and listen to me; * I will teach you the fear of the LORD.                       | 14 | Turn from evil and do good; * seek peace and pursue it.               |

**SECOND READING:** Ephesians 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit,

as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

**GOSPEL:** John 6:53-59

Jesus said, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me,

and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum.

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